

Date: 06-11-2020

Health Bulletin

Time: 06:00 PM



Positive Today: **473**



Recovered Today: **404**



Death Today: **09**



Active Cases: **3736**

S+vtv

Sample Positivity: **5.92%**

R%

Recovery Percentage: **91.77%**

- Total cumulative Positive COVID-19 detected: **64538**
- Total Number of COVID-19 Patients Treated/ Cured: **59227**
- Total COVID-19 patients migrated out of state: **519**
- Total COVID-19 Deaths: **1056**
- Number of samples found negative for COVID-19 today: **11147**
- Total number of samples sent for COVID-19 testing today: **11479**
- Total number of cumulative samples found negative: **1025581**
- Total number of samples result awaited: **14073**

राज्य के योग्य डाक्टरों की टीम
आनलाईन आपके मुफ्त इलाज के
लिये सेवा में तत्पर हैं

मोबाईल व डेस्कटाप कम्प्युटर पर रोगी को
ऑनलाईन सलाह दी जाती है

उसके उपरान्त दवा व सलाह लिखित रूप में
आप pdf फाईल के फॉरमेट में उसे
डाउनलोड कर सकते हैं
समय - सोमवार से शनिवार
सुबह 9 बजे से सांय 6 बजे तक

घर बैठे ई संजीवनी एप
के द्वारा डाक्टर से ले
अपनी बीमारी का
पूरा इलाज

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	350	445	60139	17	1950	62089	462
Bageshwar	560	143	33248	2	977	34225	598
Chamoli	499	702	48354	48	1962	50316	659
Champawat	556	348	48976	3	1163	50139	1054
Dehradun	2381	1731	145824	163	17820	163644	2645
Haridwar	1950	2423	167402	55	11195	178597	2233
Nainital	1056	1002	87555	39	7528	95083	1408
Pauri Garhwal	789	1243	77321	40	3285	80606	829
Pithoragarh	337	229	40614	14	1561	42175	399
Rudraprayag	222	177	34015	16	1464	35479	322
Tehri Garhwal	426	266	61613	12	3192	64805	623
US Nagar	1769	2195	156040	57	9671	165711	2162
Uttarkashi	584	243	64480	7	2770	67250	679
Total	11479	11147	1025581	473	64538	1090119	14073

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	1950	1775	139	10	26
Bageshwar	977	850	119	8	0
Chamoli	1962	1708	225	4	25
Champawat	1163	1044	104	6	9
Dehradun	17820	16351	697	602	170
Haridwar	11195	10,567	439	125	64
Nainital	7528	7002	339	148	39
Pauri Garhwal	3285	2699	532	30	24
Pithoragarh	1561	1400	152	9	0
Rudraprayag	1464	1121	334	5	4
Tehri Garhwal	3192	2908	258	5	21
U.S. Nagar	9671	9,244	233	95	99
Uttarkashi	2770	2,558	165	9	38
Total	64538	59227	3736	1056	519

District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	08	<p>Dehradun (8)</p> <ol style="list-style-type: none"> 1. Akriti Bihar, Turner Road, Bharuwala Grant (28-10-2020 to 10-11-2020) 2. 474, Vidya Vihar, Phase II (28-10-2020) 3. Rochipura Anshik, Lane No. 3, Niranjapur (28-10-2020 to 10-11-2020) 4. Neshviella Road, Bakralwala (28-10-2020 to 10-11-2020) 5. 70/98, Arya Nagar (28-10-2020 to 10-11-2020) 6. Shastri Nagar, Haridwar Road (28-10-2020 to 10-11-2020) 7. Shastri Nagar Anshink (Kanwali) (02-11-2020 to 15-11-2020) 8. 193/5, Rajpur Road, Near Sai Mandir (03-11-2020 to 16-11-2020)
2	Haridwar	01	<p>Laksar (1)</p> <ol style="list-style-type: none"> 1. Ward No-06, Akoda Khurd (27-10-2020)
3	Champawat	01	<p>Tanakpur (1)</p> <ol style="list-style-type: none"> 1. Ward No-06, NPP Tanakpur (04-09-2020)
4	Tehri	06	<p>Hindolakhil (1)</p> <ol style="list-style-type: none"> 1. Gram Tugriyalkanda, Meharkanda (06-11-2020) <p>Narendranagar (1)</p> <ol style="list-style-type: none"> 1. Forest Colony rishilok muni ki reti. (06-11-2020) <p>Jaunpur (1)</p> <ol style="list-style-type: none"> 1. Gram Kandajhak pati Chaijulla (06-11-2020) <p>Kirtinagar (3)</p> <ol style="list-style-type: none"> 1. Gram Mangsu (04-11-2020) 2. Gram Cham Badiyar (04-11-2020) 3. Gram Mandi (04-11-2020)
	Total	16	



Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **420** COVID Care Centres (CCC).

Public Health Action Taken

- To enhance the COVID-19 testing capacity, the State Government has decided to conduct 24x7 testing facility in Govt. Medical College Haldwani, Dehradun & Srinagar Garhwal.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- To facilitate the early management of COVID-19 positive patients, the State Government has designated 20 Private Hospitals as COVID dedicated facility.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Four Hundred Four (404) patients discharged in different districts (Almora– 20, Bageshwar– 00, Chamoli– 54, Champawat– 08, Dehradun– 98, Haridwar– 32, Nainital– 47, Pauri– 53, Pithoragarh– 73, Rudraprayag– 01, Tehri– 15, U.S. Nagar– 02 & Uttarkashi– 01).
- **Death:** Nine (09) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 70-year-old male expired in AIIMS Rishikesh, Dehradun due to COVID Acute Respiratory Distress Syndrome, Sepsis & Septic Shock.
 - (2) A 67-year-old female expired in AIIMS Rishikesh, Dehradun due to Type 1 Respiratory Failure, COVID Pneumonia, Sepsis & Septic Shock.
 - (3) An 87-year-old female expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Severe Acute Respiratory Distress Syndrome, Bilateral Pneumonitis, Type 2 Respiratory Failure & Shock.
 - (4) A 55-year-old male expired in Military Hospital, Pithoragarh due to Acute Respiratory Distress Syndrome & Severe COVID.
 - (5) A 53-year-old male expired in HNB Base Hospital, Srinagar due to Aspiration Pneumonitis following Cardiac Arrest.
 - (6) A 37-year-old male expired in HNB Base Hospital, Srinagar due to Sudden Acute CardioPulmonary Arrest and Respiratory Distress.
 - (7) A 60-year-old male expired in HNB Base Hospital, Srinagar due to Sudden CardioPulmonary Arrest.
 - (8) A 36-year-old male expired in Himalayan Hospital, Dehradun due to Sudden Cardiac Death.
 - (9) A 53-year-old male expired in CMI Hospital, Dehradun due to Cerebrovascular Accident with Left Middle Cerebral Artery Infarction with Anterior Cerebral Artery Infarction.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to citizens of the state to follow the advisory for **Unlock-6**. The detailed guideline is available at health.uk.gov.in.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

To fight CORONA



Diet Chart

योग
आहार
जीवन
आधार

**बेहतर आहार-
बेहतर जीवन शैली
बढ़ाये आपकी
रोग प्रतिरोधक क्षमता....**

COVID-19
Uttarakhand State Control Room

DO NOT IGNORE SYMPTOMS



FEVER



COUGH



SHORTNESS OF BREATH



SORE THROT



HEADACHE

Uttarakhand State Control Room COVID-19

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875,05962-237874
Bageshwar	05963-220197
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129